

Mental Health Crisis Phone Numbers in Minnesota
December 2009

County	Crisis Line Number	Mental Health Provider
Aitkin	1-800-462-5525	Crisis Line & Referral Services
Anoka	1-763-755-3801	People Incorporated- Riverwind Crisis Response Services
Becker	1-800-223-4512	Lakeland Mental Health Center
Beltrami	1-800-422-0045	Northwest Medical Center
Benton	1-320-253-5555	Central Minnesota Mental Health Center
Big Stone	1-800-568-5955	Stevens Community Medical Center/Life Center
Blue Earth	1-800-233-9929	Blue Earth County Human Services (Funded by SCCBI)
Brown	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Carlton	1-218-723-0099	St. Mary's Duluth Clinic
Carver	1-952-442-7601	Carver County Mental Health
Cass	1-800-462-5525	Crisis Line & Referral Services
Chippewa	1-800-992-1716	Woodland Centers
Chisago	1-800-523-3333	Five County Mental Health Center
Clay	1-800-223-4512	Lakeland Mental Health Center
Clearwater	1-800-422-0045	NW Medical Center
Cook	1-800-634-8775	Human Development Center
Cottonwood	1-800-642-1525	Southwestern Mental Health Center
Crow Wing	1-800-462-5525	Crisis Line & Referral Services
Dakota	1-952-891-7171	Crisis Response Unit, Dakota County Social Services
Dodge	1-507-451-1202	Crisis Resource Center
Douglas	1-320-762-1511	Douglas County Emergency Room
Faribault/Martin	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Fillmore	1-507-281-6248	Zumbro Valley Crisis Receiving Unit
Freeborn	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Goodhue	1-800-422-0670	Zumbro Valley Crisis Receiving Unit
Grant	1-800-223-4512	Lakeland Mental Health Center
Hennepin	1-612-596-1223	COPE (Community Outreach for Psychiatric Emergencies)
Houston	1-507-454-4341	Hiawatha Valley Mental Health Center
Hubbard	1-800-422-0863	Pennington County Mental Health Unit
Isanti	1-800-523-3333	Five County Mental Health Center
Itasca	1-218-326-8565	First Call for Help also known as 211
Jackson	1-800-642-1525	Crisis Line
Kanabec	1-800-523-3333	Five County Mental Health Center
Kandiyohi	1-800-992-1716	Woodland Centers
Kittson	1-800-282-5005	Northwestern Mental Health Center
Koochiching	1-218-326-8565	First Call for Help also known as 211
Lac Qui Parle	1-800-992-1716	Woodland Centers
Lake	1-800-634-8775	Human Development Center
Lake of the Woods	1-800-422-0045	NW Medical Center
Le Sueur	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Lincoln	1-800-658-2429	Western Mental Health Center

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Lyon	1-800-658-2429	Western Mental Health Center
McLeod	1-320-587-5502	Hutchinson Hospital
Mahnomen	1-800-282-5005	Northwestern Mental Health Center
Marshall	1-800-282-5005	Northwestern Mental Health Center
Meeker	1-800-992-1716	Woodland Centers
Mille Lacs	1-800-523-3333	Five County Mental Health Center
Morrison	1-800-462-5525	Crisis Line & Referral Services
Mower	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Murray	1-800-658-2429	Western Mental Health Center
Nicollet	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Nobles	1-800-642-1525	Crisis Line
Norman	1-800-282-5005	Northwestern Mental Health Center
Olmsted	1-507-281-6248	Zumbro Valley Connections & Referrals Unit
Otter Tail	1-800-223-4512	Lakeland Mental Health Center
Pennington	1-800-422-0863	Northwest Medical Center
Pine	1-800-523-3333	Five County Mental Health Center
Pipestone	1-800-642-1525	Crisis Line
Polk	1-800-282-5005	Nowestern Mental Health Center
Pope	1-800-992-1716	Woodland Centers
Ramsey	1-651-266-7900	Ramsey County Mental Crisis Program
Red Lake	1-800-282-5005	Northwestern Mental Health Center
Redwood	1-800-658-2429	Western Mental Health Center
Renville	1-800-992-1716	Woodland Centers
Rice	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Rock	1-800-642-1525	Crisis Line
Roseau	1-800-422-0863	Northwest Medical Center
St. Louis	1-800-634-8775	Human Development Center
Scott	1-952-442-7601	Carver County Mental Health
Sherburne	1-320-253-5555	Central Minnesota Mental Health Center
Sibley	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Stearns	1-320-253-5525	Central Minnesota Mental Health Center
Steele	1-507-451-1202	Crisis Resource Center
Stevens	1-800-568-5955	Stevens Community Medical Center/Life Center
Swift	1-800-992-1716	Woodland Centers
Todd	1-320-253-5525	Crisis Line & Referral Services
Traverse	1-800-568-5955	Stevens Community Medical Center/Life Center
Wabasha	1-800-657-6777	Hiawatha Valley Mental Health Center
Wadena	1-320-253-5525	Crisis Line & Referral Services
Waseca	1-507-451-1202	Crisis Resource Center
Washington	1-651-777-5222	Human Services Inc.
Watonwan	1-800-233-9929	Crisis Connection (Funded by SCCBI)
Wilkin	1-800-450-7223	Hope Unit St. Francis Hospital
Winona	1-800-657-6777	Hiawatha Valley Mental Health Center
Wright	1-320-253-5555	Central Minnesota Mental Health Center
Yellow Medicine	1-800-992-1716	Woodland Centers