

The CAMP Study

Comparison of Antipsychotics for Metabolic Problems

Sponsored by the NIMH Schizophrenia Trial Network

Antipsychotic medications clearly help treat the symptoms of schizophrenia and schizoaffective disorder. But for some patients, these medications can cause side effects like weight gain or high cholesterol, which can lead to other health problems.

Persons who are overweight and taking a newer antipsychotic all participate in a diet-exercise program designed for persons with serious mental illness.

50% of patients switch to a medication with fewer metabolic problems

University of
Minnesota
Schizophrenia
Program

Call

612-627-4840

Medication, psychiatrist visits, lab tests, individualized diet/exercise behavioral program, and travel all at no cost.

All care provided by UMN Schizophrenia Program doctors and research staff.

All subjects may continue other treatment and rehabilitation programs.

The CAMP study lasts for six months.



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