

To be included in COATS, participants must:

- Be diagnosed with schizophrenia or schizoaffective disorder
- Be between 18 and 40 years of age
- Have been treated with antipsychotic medication for less than 5 years
- Have a recent worsening of symptoms
- Not be diagnosed with diabetes.

Contact us today and
see if you qualify!



Comparison of Optimal Antipsychotic
Treatments for Schizophrenia

An Extension of:



To learn more about COATS
or to schedule a visit,
contact:

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Comparison of Optimal Antipsychotic
Treatment for Schizophrenia

Treating Schizophrenia and Side Effects of Antipsychotic Medication

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What is COATS?

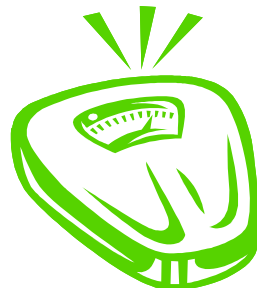
- COATS is an acronym for Comparison of Optimal Antipsychotic Treatments for Schizophrenia. It is a research study designed to compare three antipsychotic medications used to treat schizophrenia or schizoaffective disorder. These are aripiprizole, olanzapine and perphenazine.
- As with all medications, each of these have different side effects. COATS monitors and controls these side effects with additional medications; simvastatin for high cholesterol, metformin for weight gain, and benztropine for inner restlessness and/or muscle stiffness.
- In addition, all participants will receive individual healthy eating and exercising instruction to improve physical health.
- By managing side effects, COATS aims to find the best overall treatment for patients with schizophrenia and schizoaffective disorder.

How long will your part in this study last?

- Your participation in the study will last up to 28 weeks and will include 11 visits. Each visit will take approximately 2 to 3 hours.

What are the possible benefits from being in this study?

- You may benefit personally from being in this research study. You may have a better understanding of your physical health from the tests that we do as part of the study.
- In addition, the healthy eating and physical activity instruction provided for everyone in the study is meant to help you improve your diet and exercise activity which may help you achieve and maintain weight loss.



- The goal of research studies is to collect new information that may help other people in the future. Society may benefit from this study by understanding the risks and benefits of different antipsychotic medications.

Will I receive anything from being in this study?

- You will receive compensation for each study visit plus additional compensation if you remember to bring in your study medication as instructed.
- If you complete the baseline visit you will also receive a scale to weigh yourself and a pedometer to help you with the healthy eating and physical activity instruction. These items will be yours to keep.
- You may withdraw from the study at any time. If you decide to drop out or are withdrawn by the study doctor before the study is over, you will be paid only for the study visits you have completed.