

ODD and CD: Disruptive Behavior Disorder FACT SHEET



OPPOSITIONAL DEFIANT DISORDER is hostile, inflexible behavior.

CONDUCT DISORDER is intentional, physically aggressive and cruel with people.

DISRUPTIVE BEHAVIOR DISORDER is an ongoing pattern of uncooperative, defiant, and hostile behavior toward authority figures that seriously interferes with the child's day to day functioning.

DISRUPTIVE BEHAVIOR DISORDER seriously affects all areas of a child's life—home, work, school and social life.

CLINICAL SYMPTOMS

WHAT DOES A PARENT/CAREGIVER SEE?

Anger, hostility →

Negative, hostile, defiant, excessive arguing with adults, will not comply with adult requests and rules, intense rigidity, touchy, easily annoyed.

Uncooperative, defiant →

Deliberate attempts to annoy or upset people, bullying, blaming others for his or her mistakes or misbehavior, lack of remorse, aggressive and cruel with people and animals, destructive, seeks revenge when things go badly, lying, stealing, conniving.

Interpersonal difficulties →

Frightens and alienates family and classmates, anti-social, reckless, sociopathic behaviors causing serious harm to others - physical abuse, intimidation, loners who feel they have nothing to lose by acting worse.

EVIDENCE-BASED PRACTICES

are treatments that have shown through clinical research to produce positive outcomes for children and their families.

The most effective treatments for DISRUPTIVE BEHAVIOR DISORDERS are:

- Parent Management Training
- Parent Psycho-education
- Attending
- Praise
- Differential Reinforcement
- Commands
- Tangible Rewards
- Time Out