

BOOKLETS & VIDEOS

Booklets (\$2.00/copy)

- _ Advocating for People with Mental Illnesses in the Minnesota Criminal Justice System (40 pages)
- _ Choosing The Right Treatment: What families need to know about evidence-based practices
- _ Family Involvement Law (9 pages)
- _ Hope for Recovery (36 pages)
- _ Parents and Teachers as Allies – Recognizing Early-onset Mental Illness in Children and Adolescents (26 pages)
- _ Understanding the Minnesota Civil Commitment Process (24 pages)
- _ What families should know about adolescent depression and treatment options

DVD / VHS

- _ Hope For Recovery: Understanding Mental Illness (\$15)
- _ Understanding Mental Illness in Children (\$15)
- _ Coming Home: Supporting Your Soldier (\$20)

BROCHURES

Free:

- _ Grassroots Leadership/Membership
- _ Family to Family Education Program
- _ African American Community Outreach
- _ Kidshops Program
- _ Coming Home: Supporting Your Soldier
- _ Understanding Mental Illness In Children
- _ Hope For Recovery
- _ Open Door

30¢ Apiece:

- _ Mental Illness: An Illness Like Any Other
- _ Understanding Bipolar Disorder and Recovery
- _ Understanding Major Depression and Recovery
- _ Understanding Schizophrenia and Recovery
- _ You Are Not Alone
- _ Suicide: Taking Care Of Yourself After An Attempt
- _ Do You Care For Someone Who's At Risk Of Suicide?

MISCELLANEOUS

- _ First Responder's Booklet (80¢)
- _ NAMI Bookmark (free)
- _ Strategic Plan: 2007 - 2011 (free)
- _ NAMI-MN Guide To Legislative Action (free)

NAMI-MN, the Minnesota chapter of the National Alliance on Mental Illness provides education, support and advocacy for children and adults with mental illness and their families. You can call NAMI-MN at 651-645-2948 or 1-888-NAMI-HELPS

FACT SHEETS

General

- _ Americans with Disabilities Act
- _ Coping Tips for Siblings and Adult Children of Persons with Mental Illness
- _ Depression in Older persons
- _ Homeless and Missing Mentally Ill: A Guide for Relatives
- _ NAMI – Facts about NAMI National
- _ NAMI – Facts about NAMI Minnesota
- _ People with Mental Illness Enrich our Lives
- _ Social Security and Disability Benefits
- _ Suicide
- _ Veterans

Children and Adolescents

- _ Anorexia Nervosa
- _ Anxiety Disorders in Children and Adolescents
- _ Asperger Syndrome
- _ Attention Deficit / Hyperactivity Disorder
- _ Bipolar Disorder
- _ Bulimia Nervosa
- _ Child-Onset Depression
- _ Dual Diagnosis in Adolescence
- _ Early Onset Schizophrenia
- _ OCD in Children and Adolescents
- _ Teenage Suicide
- _ Tourette's Syndrome

Illnesses

- _ Anxiety Disorders
- _ Bipolar Disorder
- _ Borderline Personality Disorder
- _ Depression (Major)
- _ Dissociative Disorders_ Dissociative Identity Disorder (formerly Multiple Personality Disorder)
- _ Dual Diagnosis: Mental Illness and Substance Abuse
- _ Obsessive Compulsive Disorder (OCD)
- _ Panic Disorder
- _ Post-Traumatic Stress Disorder
- _ Sesasonal Affective Disorder (SAD)
- _ Schizophrenia - Schizoeffective Disorder
- _ Tardive Dyskinesia
- _ Women and Depression

Illnesses

- _ Post-Traumatic Stress Disorder
- _ Sesasonal Affective Disorder (SAD)
- _ Schizophrenia - Schizoeffective Disorder
- _ Tardive Dyskinesia
- _ Women and Depression

Psychosocial Interventions

- _ Assertive Community Treatment (ACT)
- _ Cognitive-Behavioral Therapy
- _ Dual Diagnosis and Integrated Treatment
- _ Family Education and Support
- _ Illness Self-Management
- _ Supported Employment

Medications

- _ Commonly Prescribed Psychotropic Medications
- _ Abilify (schizophrenia)
- _ Ativan
- _ Buspar
- _ Celexa (depression – SSRI)
- _ Concerta
- _ Cymbalta
- _ Depakote (bipolar)
- _ Effexor (depression)
- _ Geodon (schizophrenia)
- _ Haldol
- _ Klonopin
- _ Lamictal (bipolar)
- _ Lexapro (depression)
- _ Lithium (bipolar)
- _ Luvox (OCD)
- _ Remeron (depression – tetracyclic)
- _ Risperdal (schizophrenia)
- _ Ritalin
- _ Seroquel (schizophrenia)
- _ Strattera
- _ Tegretol (bipolar)
- _ Trileptal (bipolar)
- _ Wellbutrin (depression)
- _ Xanax
- _ Zoloft (anxiety, depression – SSRI)
- _ Zyprexa (schizophrenia)

To order, check items desired, complete form, and send to NAMI-MN, 800 Transfer Road, Suite 31, St. Paul, MN 55114.

Name _____

Address _____

City _____ State _____ Zip _____

NAMI Fact Sheets:

Single copies of up to five titles available free.

Full set \$15.00 – Check payable to NAMI-MN

NAMI fact sheets may be photocopied.

Available in Spanish upon request.