

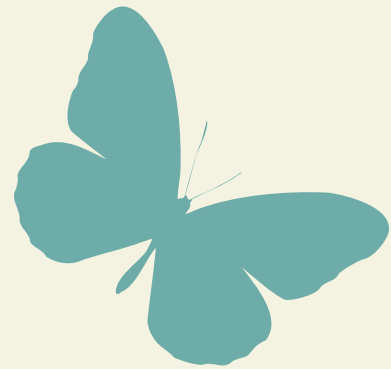
Forging a Better Future

2016 ANNUAL REPORT • NAMI MINNESOTA



The future depends on what
we do in the present.

- Mahatma Gandhi



NAMI'S MISSION

NAMI Minnesota champions justice, dignity, and respect for all people affected by mental illnesses.

Through education, support, and advocacy we strive to eliminate the pervasive stigma of mental illnesses, effect positive changes in the mental health system, and increase the public and professional understanding of mental illnesses.

WE BELIEVE:

Adults and children with mental illnesses are resilient and can recover

Families and friends are important for recovery

A strong, active grassroots organization benefits people impacted by mental illnesses

FORGING A BETTER FUTURE

We continued to grow our programs that educate and support families of children with mental illnesses, reaching every region of the state.

We developed smoking cessation support groups to help reduce the high rates of smoking among people with mental illnesses.

We worked closely with the St. Paul police to create a better connection between the police, 911 operators and crisis teams. Police now carry a business card with NAMI information so they have a resource for family members.

Ninth annual NAMIWalks drew more than 4,500 people, raising more than \$400,000.



Advocacy

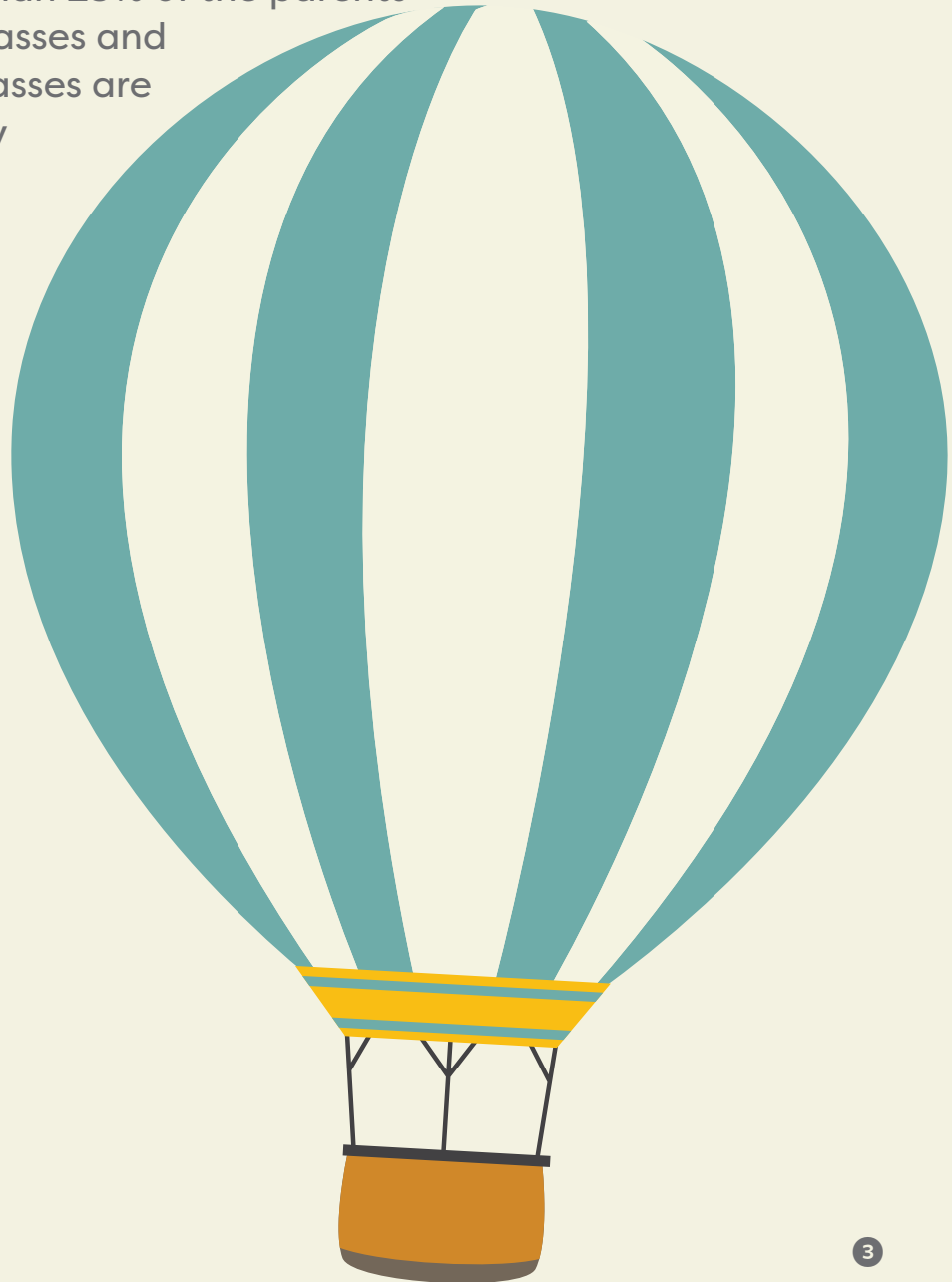
The 2016 legislative session included funding increases to our mental health system, especially for school-linked mental health programs, certified community behavioral health centers, school support personnel, and state operated services.

Education

We reached **1,110** families (14% increase) and offered **30%** more classes to families. More than 25% of the parents attending our children's classes and about 12% of our family classes are from racially and culturally diverse communities.

**“Wonderful for family members to feel less helpless and alone.”
(Family-to-Family)**

**“The class provided a safe place when most of the world doesn't know what to say or how to talk about mental illness. That alone was priceless.”
(Family-to-Family)**



Education

We offered classes and workshops to the general public **494** times and reached **14,500** people (34% increase).

More than **2,800** professionals learned about suicide prevention, de-escalation techniques, smoking cessation, and how to involve families.



We offered suicide awareness classes and workshops 61 times to more than 1,400 people.

1,400

30,000

Three conferences reached more than 30,000 people.

More than 82,000 unique visitors visited our website and more than 4,900 people followed our Facebook page.

82,000

What are People Saying?

“It will be helpful to take back this information to group home staff. Thank you!” (Mental Illness & Crisis De-escalation)

“I thought this was amazing! I learned so many things I did not know. I feel like I can better care and help those that need some extra assistance.” (safeTALK)

“I feel much more confident in my ability to help others. This information is very important. Everyone should attend.” (Youth Mental Health First Aid participant)

“NAMI is a great way to get the word out about mental illnesses. It has the potential to help a countless number of people and it just makes everyone aware.” (Youth participant in Ending the Silence)



Support

More than **70** peer support groups.

Nearly **3,000** contacts through our helpline.

NAMI Award Winners 2016 (Fall 2015)

Special Events Volunteer of the Year
Frank Bellenger

Program Volunteer of the Year Award
Nate Cannon

Anti-Stigma Award
Tom's Big Ride (Riders Tom Mork,
Bob Thimjon, Patrick Boria, and Doug
Anderson)

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Stephanie Dickrell, Kirsti Marohn and
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Professional of the Year
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Northwestern Mental Health Center

Special Board Award
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 Tin Whiskers Brewing
 Margaret Tobin
 Tom Reid's Hockey Pub
 Toro Company
 Trader Joe's
 Lee, Tom & Ian Trout
 Twin Cities Media Alliance
 US Bank
 Jennie & Alex Van Den Brugt Vivo
 Mary Vorhes
 The Wabasha Street Caves
 Waconia Enrichment Center
 Jerry & Nancy Webb
 The Wellness Center
 Wellsprings Health Center
 Lance, Josie & Sam Westphal
 Wheel Fun Rentals
 Wild Bill's Sports Saloon
 The Wilderness Golf Course
 Willinger's Golf Club

*Gifts listed were received between July 1, 2014 –June 30, 2015. Please accept our apology if your name is misspelled or missing in any of the lists of this report. Please call NAMI at 651-645-2948 to correct our records.

STATEMENT OF ACTIVITIES

July 1, 2014 – June 30, 2015

2015

	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
SUPPORT AND REVENUES				
Contributions				
Individuals	\$720,078	\$2,500	-	\$722,578
Foundation	\$212,771	\$277,250	-	\$490,021
Government	\$445,632	-	-	\$445,632
Membership Dues	\$10,502	-	-	\$10,502
Interest Income	\$2,952	-	-	\$2,952
Investment Income on Funds Held by Others	\$2,791	-	-	\$2,791
Conference	\$39,465	-	-	\$39,465
Workshops	\$100,325	-	-	\$100,325
Special Events, Net	\$74,148	-	-	\$74,148
Miscellaneous	\$6,385	-	-	\$6,385
Net Assets Released from Restrictions	\$203,020	\$(203,020)	-	-
Total Support and Revenues	\$1,818,069	\$76,730	-	\$1,894,799
EXPENSES				
Program Services				
Education and Support	\$837,255	-	-	\$837,255
Information and Advocacy	\$75,065	-	-	\$75,065
Public Awareness	\$216,358	-	-	\$216,358
Public Policy	\$97,292	-	-	\$97,292
Membership	\$4,6112	-	-	\$46,112
Total Program Services	\$1,272,082	-	-	\$1,272,082
Support Services				
Mangement and General	\$179,904	-	-	\$179,904
Fundraising	\$178,264	-	-	\$178,264
Total Support Services	\$358,168	-	-	\$358,168
Total Expenses	\$1,630,250	-	-	\$1,630,250
CHANGE IN NET ASSETS	\$187,819	\$76,730	-	\$264,549
NET ASSETS, Beginning of Year	\$254,657	\$173,062	\$54,907	\$482,626
NET ASSETS, End of Year	\$442,476	\$249,792	\$54,907	\$747,175

STATEMENT OF ACTIVITIES

July 1, 2015–June 30, 2016

2016

	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
SUPPORT AND REVENUES				
Contributions				
Individuals	\$698,289	\$38,000	-	\$736,289
Foundation	\$250,060	\$201,333	-	\$451,393
Government	\$248,396	\$37,200	-	\$285,596
Membership Dues	\$7,301	-	-	\$7,301
Interest Income	\$3,420	-	-	\$3,420
Investment Income on Funds Held by Others	\$(5,294)	-	-	\$(5,294)
Conference	\$41,780	-	-	\$41,780
Workshops	\$53,750	-	-	\$53,750
Special Events, Net	\$75,718	-	-	\$75,718
Miscellaneous	\$5,540	-	-	\$5,540
Net Assets Released from Restrictions	\$215,933	\$(215,933)	-	-
Total Support and Revenues	\$1,594,893	\$60,600	-	\$1,655,493
EXPENSES				
Program Services				
Education and Support	\$850,641	-	-	\$850,641
Information and Advocacy	\$99,654	-	-	\$99,654
Public Awareness	\$277,771	-	-	\$277,771
Public Policy	\$131,762	-	-	\$131,762
Membership	\$52,504	-	-	\$52,504
Total Program Services	\$1,412,332	-	-	\$1,412,332
Support Services				
Mangement and General	\$129,687	-	-	\$129,687
Fundraising	\$163,098	-	-	\$163,098
Total Support Services	\$292,785	-	-	\$292,785
Total Expenses	\$1,705,117	-	-	\$1,705,117
CHANGE IN NET ASSETS	\$(110,224)	\$60,600	-	\$(49,624)
NET ASSETS, Beginning of Year	\$442,476	\$249,792	\$54,907	\$747,175
NET ASSETS, End of Year	\$332,252	\$310,392	\$54,907	\$697,551

STATEMENT OF FINANCIAL POSITION

July 1, 2015–June 30, 2016

ASSETS

ASSETS	2015	2016
Cash	\$309,173	\$275,619
Cash Held for Others	\$56,714	\$48,959
Accounts Receivable	\$136,088	\$165,267
Contributions Receivable	\$74,859	\$44,147
Inventories	\$7,572	\$11,323
Prepaid Expenses	\$66,858	\$63,535
Furniture and Equipment, Net	\$16,754	\$12,155
Beneficial Interest in Funds Held by Others	\$166,140	\$154,386
Total Assets	\$834,158	\$775,391

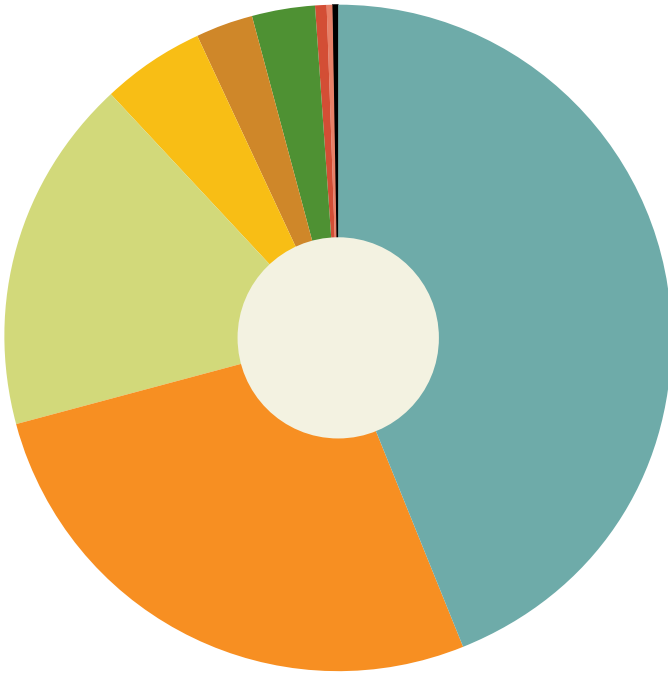
LIABILITIES AND NET ASSETS

LIABILITIES		
Accounts Payable	\$19,378	\$13,730
Accrued Expenses	\$10,891	\$15,151
Funds Held for Others	\$56,714	\$48,959
Total Liabilities	\$86,983	\$77,840

NET ASSETS

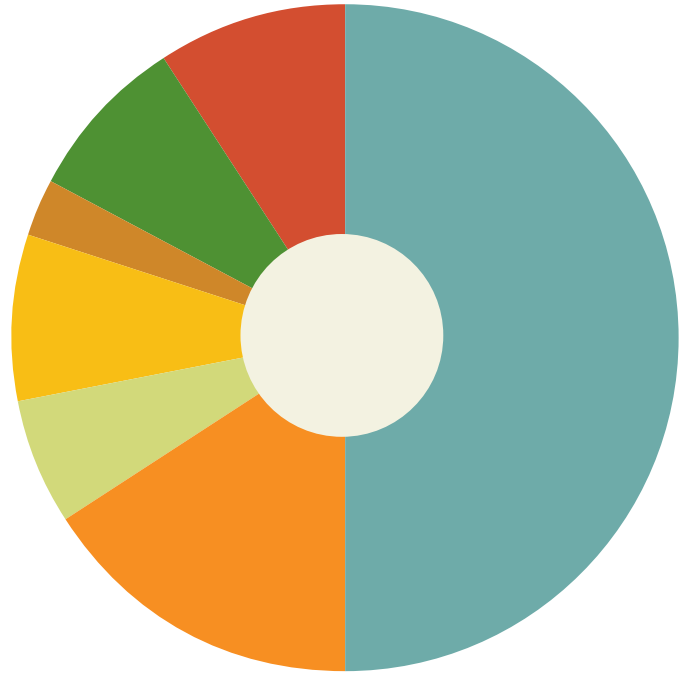
Unrestricted		
Undesignated	\$276,336	\$177,866
Beneficial Interest in Funds Held by Others	\$166,140	\$154,386
Total Unrestricted	\$442,476	\$332,252
Temporarily Restricted	\$249,792	\$310,392
Permanently Restricted	\$54,907	\$54,907
Total Net Assets	\$747,175	\$697,551
TOTAL LIABILITIES AND NET ASSETS	\$834,158	\$775,391

FINANCIALS



revenues

● Contributions from Individuals	44%
● Contributions from Foundations	27%
● Government Grants	17%
● Special Events, Net	5%
● Conference	3%
● Workshops	3%
● Membership Dues	0.4%
● Miscellaneous	0.3%
● Interest Income	0.2%
○ Merchandise, Sales, Net	0%
TOTAL	100%



expenses

● Education and Support	50%
● Public Awareness	16%
● Information and Advocacy	6%
● Public Policy	8%
● Membership	3%
● Management and General	8%
● Fundraising	9%
TOTAL	100%

Forging a Better Future



National Alliance on Mental Illness

MINNESOTA

800 Transfer Road, #31, Saint Paul, MN 55114

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toll free: 1-888-NAMI-Helps

www.namihelps.org

