

Volunteer Opportunities



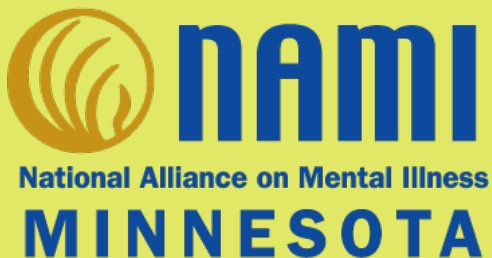
Next F2F Teacher Training : Feb 10-12, 2017

To Apply:

Please submit the Volunteer Application online at:

www.namihelps.org/volunteer

Contact Marilyn for further information
mdornfeld@namimn.org
or 651-645-2948 ext 131



800 Transfer Road, Suite 31
St. Paul, MN 55114
Phone: 1-651-645-2948
Toll Free: 1-888-626-4435
www.namihelps.org

Family-to-Family Teachers

Have you participated in the 12-week Family to Family course and want to provide this resource for others? If so, consider becoming a Family-to-Family Teacher.

Find out how gratifying it is to help other families find understanding and hope . Family-to-Family volunteers teach the course with a partner and spend 3-5 hours weekly preparing and leading class. Potential candidates must be a first-degree family member of someone living with a mental illness and must have successfully completed the Family-to-Family course. Candidates must be willing to commit to teaching two full series of 12-week classes within two years of training.

"Class members are blessed to have such selfless, generous, and experienced volunteers."

"This program has been a lifesaver for me and my daughter... I don't feel so alone."

- Family to Family Class Participant Feedback



NAMI Minnesota (National Alliance on Mental Illness) is a non-profit organization dedicated to improving the lives of children and adults with mental illnesses and their families. NAMI Minnesota offers education, support and advocacy.